

# Reengage

Bringing  
generations  
together

## We're here to help

Are you aged 75 or over,  
living alone, and finding  
it difficult to get out and  
about? You're not alone.



There are thousands of people who wish they could get out and do more but are starting to find it hard.

At Re-engage, we work within your local community to set up regular social gatherings for small groups of people and most of them are just like you – over 75, on their own, and hoping to find new ways to get out and about in a way that suits them at this time of life.

If you're feeling lonely, and you'd like a bit of extra company we can match you with one of our friendly volunteer call companions. They love a good chat and they're great listeners too.

“**The hosts were lovely and the tea they gave us, you wouldn't have got better at the Ritz. The tea parties are more or less the highlight of the month.**”

Tea party guest

“**It's a heavenly thing to have those calls. I so look forward to it. I've never had anything like this before, ever.**”

Call companions –  
older person



# Our free companionship programmes

“ When you get to my age, all you do is look back on the life you had but Re-engage has given me something to look forward to, something to live for.  
Ina, 96 ”

**Our tea parties** are monthly social groups held in local communities across the UK with transport provided. They are a chance for a change of scenery and regular afternoons of conversation and laughter with friends of all ages.

**Call companions** is our telephone befriending service offering older people regular calls so they remain connected to the outside world and have a little extra company.

**Community Christmas** provides a free online directory of local festive events taking place across the UK which are open to local older people spending Christmas alone.

**Rainbow call companions** is our telephone befriending service providing companionship to older LGBT+ people.

**Call our freephone number 0800 716 543**

**Email [info@reengage.org.uk](mailto:info@reengage.org.uk)**

**Or you can visit our website**

**[www.reengage.org.uk](http://www.reengage.org.uk)**



Re-engage is a registered charity in England and Wales (1146149) and in Scotland (SC039377). Company Number (07869142)  
Registered office: 7 Bell Yard, London WC2A 2JR